

Behavioral Health Services

Touchette Regional Hospital's Behavioral Health Department provides both Inpatient and Intensive outpatient services to our communities. Our services are designed to incorporate a number of successful treatment modalities into comprehensive, flexible and individualized mental health treatment programs.

Our services are rendered by an experienced team of clinical professionals including psychiatrists, therapist, psychiatric nurses and advanced practice nurses. Our qualified staff are behavioral health professionals who demonstrate a commitment to fostering change in those people who have been affected by mental health issues.

Referral Sources

Referrals are accepted from various sources including:

- The Emergency Department
- Physician's Offices
- Community Agencies
- Extended Care Facilities
- Case Managers
- Mental Health Clinics
- Family
- Self-Referrals

Inpatient Care

Our inpatient services are for individuals in need of an intensive level of care and a safe treatment environment to reintegrate into their family life and community. We serve both voluntary and involuntary patients age 18 years and older. Various Illness/diseases are treated such as:

Depression **Mood Disorders**
Schizophrenia **Anxiety**

Our treatment plans are individualized to address the patients goals and objectives towards rapid stabilization, return to the community, and continued care and support. Our inpatient treatment services consist of:

Crisis Intervention
Crisis Stabilization
Medical Management
Individual Therapy
Discharge Planning
Community Linkage
Consultation

Different levels of care are utilized to ensure patients receive the most appropriate and cost-effective care.

Outpatient Care

Our intensive outpatient program is designed to provide individuals with disabling mental health conditions an individualized, comprehensive and multidisciplinary treatment program. A few of our intensive outpatient services include:

Comprehensive Assessment & Evaluation
Medication Management
Mental Health Education
Substance Abuse Education
Group Therapy Sessions
Individual & Family Therapy
Goal Setting

Individuals experiencing acute mental illnesses or emotional disorders remain out of the hospital while receiving the mental health treatment and support he or she needs. Clients are able to practice new lifestyle skills while receiving daily support from a dedicated, caring, and compassionate team of health care professionals in a safe environment.



Service Hours

Our inpatient services are available 24 hours a day, 7 days a week. The average length of stay is 4 to 6 days.

Our intensive outpatient program services are available Monday thru Friday 8:30am to 1:00pm



24 Hour On-Call Availability

We are available 24 hours a day, 7 days a week to answer questions and accept referrals.

**FOR MORE INFORMATION,
PLEASE CONTACT US AT:**

Behavioral Health Services
5900 Bond Avenue
Centreville, IL 62207

618.482.7034



Behavioral Health

INPATIENT & OUTPATIENT SERVICES



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